

Mantanani Island Discover Scuba Diving Day Trip/Snorkelling

TIME	ITINERARY
0715hrs	Pick up from hotel lobby and transfer by car to Kuala Abai Jetty, Kota Belud. Estimated travel time will be 1 hour & 45 minutes.
0930hrs	Arrival at Jetty and depart to Mantanani island. We travel 1 hour going to the island. NOTE: For safety reasons, we may cancel / turn back halfway if the weather or sea condition is deemed unsafe for the journey to proceed.
1030hrs	Arrive at Mantanani island . Enjoying our coffee and tea that is being served at the Lodge While getting ready for Discover Scuba.
1045hrs	THE INFORMATIVE PART- Equipments and Safety Briefing Learn how your body will react to water pressure and how to deal with it with our PADI trained professional. Learn how to handle any difficulties while you are in the water e.g when your mask is flooded while you are in the water, how to Clear water from your mask and regulator. You will learn new hand signal which is very useful while you're in the water.
1115hrs	THE IMPORTANT PART- Shallow Water Dive To ensure your safety and enjoyment, your PADI professional will let you practice breathing underwater in shallow area and how to use your fins properly. Once you are already confident with it, then we will start your underwater tour. This will help to build your comfort level and determine your understanding of SCUBA diving. This is important for your safety before your open water dive.
1230hrs	THE FUN PART - Open Water Dive Your PADI professional then will get you on boat once he/she feels that you are ready for your deeper dives and embark on your new adventure... Take your time and relax, your PADI professional will supervise you for an unforgettable underwater adventure with care and safety in mind. During the dive your PADI professional will be pointing out the various marine lives that you will encounter. Back to island for lunch.
1500hrs	Depart back to Kuala Abai Jetty. Upon arrival, board coach/van and proceed back to Kota Kinabalu. NOTE: We may depart earlier from the island if the we foresee that the sea or weather is going to be rough due to the change of weather condition.
1830hrs	Arrive at Kota Kinabalu Hotel .



Tour Includes:

- Return Land transfer : Kota Kinabalu-Kuala Abai Jetty (Kota Belud)-Kota Kinabalu
- Return Boat transfer : Kuala Abai Jetty-Mantanani Island-Kuala Abai Jetty
- Diving Equipments Rental, Dive Instructor / Dive Master , Lunch

(Important - Please read carefully)

For safety reasons, tour and activities are dependent on SEA & WEATHER CONDITIONS. We reserve the rights to CANCEL or POSTPONE the tour or any activities if we deem there is absence of a safe operating environment. We monitor closely weather changes through the relevant sources.

Anthony Tours & Travel Agency Sdn Bhd

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